

OPEN ENROLLMENT

Nurturing Parenting

for Parents and their
School-Age Children

Ages 5 to 11 Years

Facilitators:

Carla Charraga
and
Kelsea Ochs

Location: Siskiyou Child Care Center
152 Boles Street, Weed, CA

Dinner and child care
are provided!

In this fun and interactive special parenting program, parents will learn helpful parenting tips and more about understanding the needs of school-age children, how to respond to challenging situations, have engaging discussions and improved communications.

Children from 5 to 11 years old will meet with Kelsea Ochs to learn about how to deal with anger, bullying, and helpful behaviors while parents meet with Carla Charraga for the parenting skills building.

Child care is provided for preschool and younger children.

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree from UC Berkeley and is a certified Anger Replacement Therapy (ART) Facilitator. She is fluent in Spanish and English, and is currently Executive Director at Siskiyou Domestic Violence and Crisis Center.

Kelsea Ochs holds a Bachelor's degree from Washington State University and has more than 15 years of professional experience in working with children and families. She is currently a GEAR UP Advisor for Simpson University and is very passionate about working with youth and making our community a better place!

EVERY
WEDNESDAY
OPEN
ENROLLMENT
2019-2020
5:30 - 7:30PM

To register,
please call the
Family & Community
Resource Center of Weed
at 938-9914.

