

There is no class on November 28th due to the holiday.

Nurturing



Parenting

... for Parents and their Infants, Toddlers and Preschoolers

THURSDAYS
10:00 - 12:00pm
SEPTEMBER 19TH
through
DECEMBER 19TH
DUNSMUIR COMMUNITY
RESOURCE CENTER
5840 Dunsmuir Avenue
Suite A

Co-facilitated by

Thaen Saelee, Psy. D.

and

Chrissy Montgomery

The first 5 years are a child's most important foundation for healthy development.

In this 13-week series, parents will learn skills and ways to promote their children's social, emotional, and physical development in the first years of life.

Topics in this special program include: positive discipline and communication, helping children express their feelings, strategies for building self-worth and personal power, techniques for increasing empathy, and learning how to meet the needs of parents and children.

This program is designed for parents and children. Each week parents and their toddlers and preschool-age children attend separate sessions that meet concurrently, then come together for a fun family activity to practice skills learned.

Child care for infants, and a family breakfast, will be provided at each session.

To register, please call the Dunsmuir CRC at 235-4400.

ABOUT OUR FACILITATORS

Thaen Saelee, Psy. D., has extensive experience in providing therapy, assessments, rehabilitation services, psychological testing and evaluations, and psycho-education to children, adults, and families. Her clinical focus is in trauma, and how it affects individual development and behavior.

Chrissy Montgomery recently earned a Baccalaureate degree, with highest honors, from Simpson University in Organizational Leadership. She is passionate about working with children and families!

