

# How to Bullyproof Your Child

PRESENTED BY

**Thaen Saelee, Psy.D.**

**2 MONDAYS SEPTEMBER 23<sup>RD</sup> & 30<sup>TH</sup> 2019 | 5:00 - 7:00 PM**  
at  
**HUB COMMUNITIES FAMILY RESOURCE CENTER | 310 SOUTH 13<sup>TH</sup> STREET, MONTAGUE**

## Learn how to teach children how to take the air out of the teasing.

Even though preschoolers may be too young to be involved in serious bullying situations, it is not too early to teach your children skills that will help them avoid becoming a victim or a bully when they are older. Learn how to teach your preschoolers to stand up for themselves assertively and to develop social skills and empathy that will buffer them from the stress of teasing and bullying later in life.

**To register, please call 459-3481. Dinner and child care are provided!**

Dr. Thaen Saelee is a Clinical Psychologist with extensive professional experience in providing therapy, assessments, rehabilitation services, psychological testing and evaluations, and psycho-education to children, adults, and families. Her clinical focus is in trauma, and how it affects individual development and behavior. She loves animals and knock-knock jokes.



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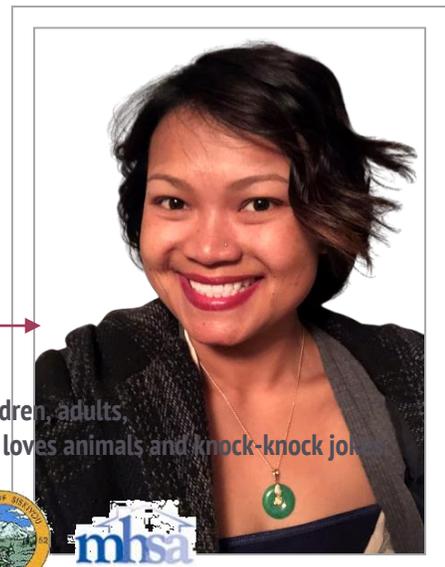
**TUESDAY SEPTEMBER 17<sup>TH</sup> 2019 | 5:30 - 7:30PM**

at

**SISKIYOU CHILD CARE COUNCIL | 170 BOLES STREET, WEED**

To register, please call 938-9914. Dinner and child care are provided! **Join us!**

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Attendees at this special in-service training will have the opportunity to learn how to identify the signs of trauma and help children cope, and how to provide both children and adults with strategies and tools for self-care and to build personal resilience. Examples of trauma can include violence in the family or community, arrest and/or incarceration of a family member, caregiver substance abuse or untreated mental illness, homelessness, separation from parents or the death of a family member.

## Why is learning about adverse childhood experiences and trauma important?

Because extensive research has shown that trauma negatively impacts early brain development, a child's ability to learn, cognitive development, social-emotional development, the ability to develop secure attachments to others, and physical health. Dr. Saelee will discuss innovative and highly effective "trauma-informed" approaches that have been developed from discoveries from the Adverse Childhood Experiences study (ACEs) to help Early Childhood Educators and Care Providers in their critical role to address the negative impact of violence and trauma, and support the recovery and resiliency of the child and family.

**WEDNESDAY DEC 5<sup>TH</sup> 10 - 2:30PM**

Please call 493-5117 to register for this special training.



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Happy Camp Community Center  
38 Park Way, Happy Camp  
**Lunch will be provided!**

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Your Child



