How to Bullyproof Your Child

Learn how to teach your children to stand up for themselves assertively and develop social skills and empathy that will buffer them from the stress of teasing and bullying later in life.

In this workshop, participants learn about:

- Bullying behaviors and skills to teach your children that will help them avoid becoming a victim or a bully.
- How to teach your children assertive communication and problem-solving skills and learn positive discipline techniques to address bullying behaviors at home and school.

To register, please call 938-9914. Dinner and child care are provided!

Dr. Thaen Saelee is a Clinical Psychologist with extensive professional experience in providing therapy, assessments, rehabilitation services, psychological testing and evaluations, and psychoeducation to children, adults, and families. Her clinical focus is in trauma, and how it affects individual development and behavior. She loves animals and knock-knock jokes.