

- YOU'RE INVITED -

Shauna Tominey, Ph.D.

Creating Compassionate Kids and Communities

If you had to choose one word to describe the society you want children and families to live in, what would it be? Happy? Safe? Resilient? Compassionate?

When parents and educators are asked this question, these are the words they choose. These words highlight the importance of social-emotional skills for ensuring that children are prepared to navigate the academic, social, and life challenges they face.

Children (and adults) experience many emotions throughout the day and these emotions impact their ability to build positive relationships, to manage behaviors and make good choices, to pay attention, and to learn. **In this training, participants will learn tools and strategies that promote emotional intelligence for adults and children across school, home, and community settings—skills critical for the happy, safe, resilient, and compassionate society we all want to see.**

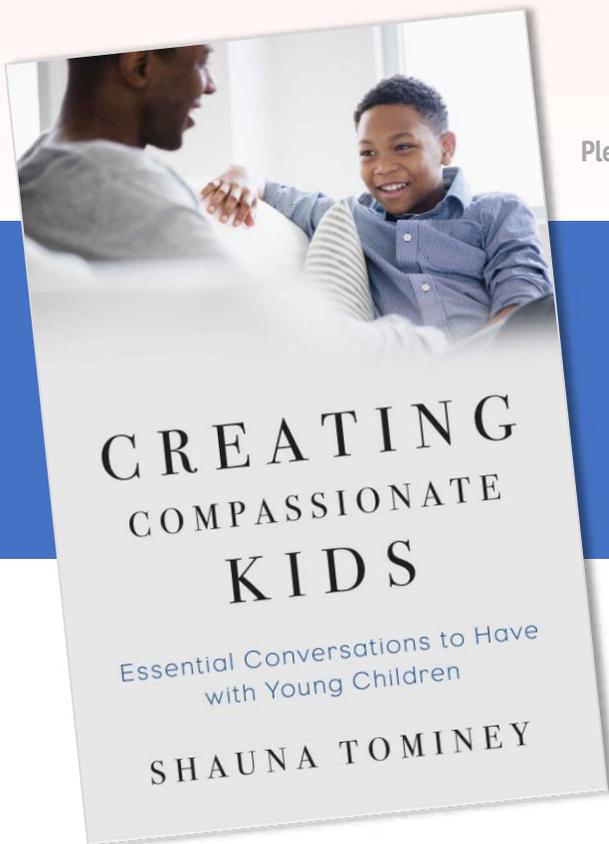
LEARNING OBJECTIVES:

In this hands-on workshop, participants will:

- Learn about research highlighting the importance of social-emotional skills (e.g., emotional intelligence) for social, academic, and health outcomes.
- Engage with hands-on tools and strategies that offer concrete ideas for developing and practicing emotional intelligence skills, integrating these skills into practice, and teaching them to children and families.
- Discuss how to apply research and tools learned to working with adults and children in home, school, and community settings.



Questions?
Please call (530) 918-7222.



MONDAY, JUNE 17, 2019 9:00-3:30PM

Registration: 8:30 - 9:00AM

Miner's Inn Convention Center 122 E. Miner Street, Yreka



Light breakfast and lunch will be provided.

Register at: <https://www.surveymonkey.com/r/TOMINEY>

This course meets the qualifications for 6 hours of continuing education credit for LCSWs and LMFTs as required by the California Board of Behavioral Sciences. The CEUs are free of cost. More information about CEUs, and the trainer, on back page.





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Shauna Tominey is an Assistant Professor of Practice and Parenting Education Specialist at Oregon State University. She serves as the Principal Investigator for the Oregon Parenting Education Collaborative, a statewide initiative aimed at providing high-quality parenting education.

Previously, Dr. Tominey served as the Director of Early Childhood Programming and Teacher Education at the Yale Center for Emotional Intelligence. As a former early childhood educator and family service professional, Dr. Tominey blends practical experience with research to develop and test programs aimed at promoting social-emotional skills for children and adults. Dr. Tominey regularly speaks at local and national conferences and is the author of, "**Creating Compassionate Kids: Essential Conversations to Have With Young Children.**"

At-a-Glance Agenda

- 8:30 - 9:00 **Welcome, Sign-in and Morning Networking**
- 9:00 - 10:00 **Introduction to Emotional Intelligence**
- 10:00 - 10:15 **Break**
- 10:15 - 12:00 **How Emotional Intelligence Develops and the Impact of ACEs**
 - > **What is emotional intelligence?**
 - The Role of Emotions in Everyday Life**
 - > **How emotional intelligence develops**
- Brain Development**
- Parent and Professional Practices that Relate to Social-Emotional Skills**
 - > **The impact of ACEs**
- Protective Factors**
- 12:00 - 12:30 **Lunch**
- 12:30 - 2:15 **Strategies to Teach Emotional Intelligence to Children**
 - > **Teaching emotional intelligence and self-regulation through stories, activities, and games**
 - > **Modeling emotional intelligence and being your best self**
- 2:15 - 2:30 **Break**
- 2:30 - 3:15 **Strategies to Practice Emotional Intelligence for Adults (Parents and Professionals)**
 - > **Integrating emotional intelligence at home and in the workplace**
 - > **Trauma-informed care strategies for working with children and families**
- 3:15 - 3:30 **Discussion and Questions**

Continuing Education

LMFTs and LCSWs:

Lilliput Families is approved by the California Association of Marriage and Family Therapists (CAMFT - Provider #66256) to sponsor continuing education for LCSWs and LMFTs. Lilliput Families maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of continuing education credit for LCSWs and LMFTs, as required by the California Board of Behavioral Sciences. **CEUs are free of cost** and will be provided by email within two weeks of the training date. A 30-minute lunch break within this course is excluded.

Additional Information:

This training is free of cost.

Materials, continental breakfast, lunch, and beverages are provided.

Check-in and Welcome: 8:30 - 9:00am ~ Training: 9:00 - 3:30pm

Pre-registration is required.

Register at: <https://www.surveymonkey.com/r/TOMINEY>

Cancellation Policy:

If you are UNABLE TO ATTEND, please notify Leslie Damschroder by phone (530-879-3861) or email (ldamschroder@lilliput.org) to cancel in order to allow space for other participants as space is limited.

Accommodation for Disabilities:

Training location is ADA approved. For special arrangements or accommodations to attend this training, please contact First 5 Siskiyou at (530) 918.7222 prior to course date to allow timely accommodations.

Grievances:

Grievance Policies & Procedures are available upon request:

Please call or email: 530-879-3861 or ldamschroder@lilliput.org

