



7 Mondays ~ April 22<sup>nd</sup> to June 10<sup>th</sup> ~ 5:30 - 7:30pm

# Parenting

# NOW!

Location: Mt. Shasta Elementary School  
501 Cedar Street, Mt. Shasta



Facilitated by ~

*Thaen Saelee, Psy.D.*

This research-based program is for families with children up to age 8 years and is designed around understanding child development, parenting and discipline styles, effective communication and how to deal with feelings and stress.

## Thaen Saelee, Psy. D.

Dr. Thaen Saelee has extensive experience in providing therapy, assessments, rehabilitation services, psychological testing and evaluations, and psycho-education to children, adults, and families. Her clinical focus is in trauma, and how it affects individual development and behavior.



To sign-up for this FREE special series, please call the Mt. Shasta Community Resource Center at 926-1400.

**Dinner and child care are provided!**

Special thanks to these partners for financial contribution for this special program!

