

# Nurturing Parenting

for Parents and their School-Age Children

Ages 5 to 11 Years



Location: Dunsmuir CRC  
5840 Dunsmuir Avenue, Suite A, Dunsmuir

Dinner and child care are provided!

## Facilitators:

**Thaen Saelee, Psy. D.**  
and  
**Chrissy Montgomery**

In this fun and interactive special parenting program, parents will learn helpful parenting tips and more about understanding the needs of school-age children, how to respond to challenging situations, have engaging discussions and improved communications.

Children from 5 to 11 years old will meet with Chrissy Montgomery to learn about how to deal with anger, bullying, and helpful behaviors while parents meet with Dr. Thaen Saelee for the parenting skills-building.

**Child care is provided for preschool and younger children.**

## About the Facilitators:

**Thaen Saelee, Psy. D.**, has extensive experience in providing therapy, assessments, rehabilitation services, psychological testing and evaluations, and psycho-education to children, adults, and families. Her clinical focus is in trauma, and how it affects individual development and behavior.

**Chrissy Montgomery** recently earned a Baccalaureate degree, with highest honors, from Simpson University in Organizational Leadership and describes herself as “a local girl with a focus on community development”. She currently facilitates *Girls Circle* for the elementary, middle and high school age groups, and *Play Groups* at the Dunsmuir CRC. She is passionate about working with children and families!

**TUESDAYS**  
**FEBRUARY 19<sup>TH</sup>**  
TO  
**MAY 7<sup>TH</sup>** 2019  
**5:15 - 7:15PM**

 To register, please call the Dunsmuir Community Resource Center at 235-4400.

