

Nurturing



Parenting

... for Parents and their Infants, Toddlers and Preschoolers

THURSDAYS

5:30 - 7:30pm

MARCH 7TH

through

MAY 23RD

YREKA COMMUNITY
RESOURCE CENTER

201 S. Broadway

Co-facilitated by

Cerelia Barbato

and

Patty Kimbrell

The first 5 years are a child's most important foundation for healthy development.

In this 12-week series, parents will learn skills and ways to promote their children's social, emotional, and physical development in the first years of life.

Topics in this special program include: positive discipline and communication, helping children express their feelings, strategies for building self-worth and personal power, techniques for increasing empathy, and learning how to meet the needs of parents and children.

This program is designed for parents and children. Each week parents and their toddlers and preschool-age children attend separate sessions that meet concurrently, then come together for a fun family activity to practice skills learned.

Child care for infants, and a family dinner, will be provided at each session.

To register, please call the Yreka CRC at 842-1313.

ABOUT OUR FACILITATORS

Cerelia (aka C.C.) Barbato holds a Master of Education degree in Special Education with professional experience as a Facilitator and Teacher. She is passionate about working with children and families!

Patty Kimbrell has 15 years experience as a Home Visitor for Siskiyou Early Head Start and in working with families with children from prenatal to age 3 years. She is enthusiastic about strengthening family relationships and goals, and in educating parents on their child's development.

