

# Movies with a Purpose



# Have you heard about ACEs? (Adverse Childhood Experiences study)

Learn more about ACEs through a special screening of:

First Impressions... Exposure to Violence and a Child's Developing Brain

Narrated by Bruce Perry, M.D., Ph.D.

and

How Childhood Trauma Affects Health Across a Lifetime – TEDMED Talk

Narrated by Nadine Burke-Harris, M.D., MPH

A discussion will follow about the effects of adverse childhood experiences in shaping adult behaviors and health.

## Special Guest: Tarrah Harnden, MA, LMFT

Tarrah Harnden is a Licensed Marriage and Family Therapist and holds a Master's degree in Clinical Psychology. She has been working with children, teens, and families for over 11 years. Tarrah is also a Registered Yoga Teacher and has specialized training in helping people heal that have been negatively impacted by trauma.

# Wednesday, March 20<sup>th</sup>, 2019

## 5:15 - 7:15pm

at  
**Big Springs Elementary School**  
7405 Hwy. A12, Montague

Dinner and child care are provided!

To help us plan for dinner and child care,  
please call the HUB CFRC at 459-3481 to reserve your space!

Thank you to these organizations for sponsoring this special event in partnership and making it available at no cost to participants:



“Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today.”

~ Dr. Robert Block, former President of the American Academy of Pediatrics

