

Early Experiences Lay the Foundation for Life

Research shows...

What a child experiences in their first years of life makes a big impact on how their brain develops and how they interact with the world throughout their life.

Parents who respond to their baby's needs in a nurturing manner grow securely attached children. Secure attachment is critical to forming positive relationships with others, self-esteem, flexibility under stress, and positive outcomes in school and life.

Benefits of Home Visiting ...

Individualized resources for you, your baby, and your family to enhance and support your baby's healthy development. Learn how to use the Ages and Stages Questionnaire to learn about your child's developmental milestones.



Get answers to your questions and receive information about prenatal health, newborn care, and child development.

Developmental screenings, early identification, and links to health care providers can help overcome developmental and behavioral concerns.

Opportunities to strengthen protective factors by developing family, community, and health care connections.

Discover ways to enhance and support your baby's healthy development.



You are your child's first and most important teacher!

For more information on Siskiyou Home Visiting Programs, please contact First 5 Siskiyou at:

Email: programs@first5siskiyou.org
Fax: 800-230-2377 Phone: 530-918-7222
Website: first5siskiyou.org



SISKIYOU
Home Visiting Programs
...support parents, promote health,
and strengthen families
and communities!





Welcome Home Baby!

This program supports families with newborn children and is available, at no cost, to all South Siskiyou County families throughout their baby's first nine months. Services are provided by a Registered Nurse who is a Certified Lactation Specialist.

Services include:

- Information on newborn feeding practices with an emphasis on breastfeeding, positive parenting, child health and development, and links to other community services
- Maternal screenings for depression, developmental screenings of newborns, and health care referrals
- A First 5 Kit For New Parents — a free parenting resource that includes information and useful parenting tips



SISKIYOU Home Visiting Programs

Helping children and families
reach their fullest potential!

Which program
best fits
your family's
needs?



Modoc Early Head Start Shasta Head Start Siskiyou Early Head Start

These home-visiting programs are free to income-eligible expecting parents and their children up to their third birthday.

Services include:

- Nurturing healthy attachments between parent and child (and child and caregiver)
- Nutritional screenings, developmental assessments, early childhood education, promotion of positive parenting skills, and school readiness
- Prenatal, infant, toddler, and preschool programs
- Play groups

