Facilitators:

Carla Charraga and Cerelia Barbato

In this fun and interactive special parenting program, parents will learn helpful parenting tips and more about understanding the needs of school-age children, how to respond to challenging situations, have engaging discussions and improved communications.

Children from 5 to 11 years old will meet with Cerelia Barbato learn about how to deal with anger, bullying, and helpful behaviors while parents meet with Carla Charraga for the parenting skills building.

Child care is provided for preschool and younger children.

About the Facilitators:

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree from UC Berkeley and is a certified Anger Replacement Therapy (ART) Facilitator. She is fluent in Spanish and English, and is currently Executive Director at Siskiyou Domestic Violence and Crisis Center.

Cerelia Barbato (aka C.C.) holds a Master of Education degree in Special Education with professional experience as a Facilitator and Teacher. She is passionate about working with children and families!