

The Mt. Shasta Community Resource Center proudly hosts this special series for children 1 to 4 years of age!

# Music and Movement



with

## Carla Glinka!

**6 Fridays**

**10:30 - 11:15am**

**January 25<sup>th</sup> to**

**March 1<sup>st</sup>**

**2019**

**Fun ways to help children learn self-regulation and love of music, singing and dancing!**

In this parent-participation class, infants, toddlers and young children ages 1 to 4 years experience the power of music, the magic of movement, and the positive effects of child development while exploring rhythm, movement, percussion and singing.

These classes are for young children and their parent/guardian. **\$40.00/child for 6-week series**

**To register, please call 926-1400.**

**Location: Mt. Shasta Martial Arts Studio  
612 S. Mt. Shasta Blvd.**

### About Carla Glinka ...

Carla has been a professional dancer with a performance art company for 13 years, has a Master's degree in Social Work, and has been an art and dance instructor in the Mt. Shasta area since 2005. She brings a spirit of dance and movement that has a positive effect on a child's development as well as fun!



Special thanks to these partners for financial contribution for this important program!

