



# AGES AND STAGES

## DEVELOPMENTAL MILESTONES IN CHILDREN

Presented by Tarrah Harnden, MA, LMFT

Come together with other parents and explore basic developmental milestones for your child.

### Why is it important to know about developmental milestones?

Understanding these gives you the chance to help your child develop new skills and reach their full potential. Learn how realistic expectations can improve your confidence as a parent and your relationship with your child. Receive helpful tools for early child development to support detection of delays and ways to support growth.



**TO REGISTER, PLEASE CALL 468-2450.**

**DINNER AND CHILD CARE ARE PROVIDED!**

**FREE EVENT.**



Tarrah Harnden is a Licensed Marriage and Family Therapist (LMFT 51809) with over 12 years of experience working with children, teens, families, and individuals in the field of mental health. She also trained in *Somatic Experiencing*, an approach that helps people heal from the negative impact of trauma.

