

Nurturing Skills




Facilitated by
Carla Charraga

**Dinner and child care
are provided!**

This 12-session fun and interactive parenting program focuses on the unique developmental needs of young children and sets the foundation for nurturing and healthy family relationships.

Parents learn skills in developmentally appropriate activities and expectations, nurturing touch, effective positive discipline techniques, and self-nurturing skills.

Location: Siskiyou Child Care Center
152 Boles Street, Weed, CA

 **To register, please call the Family & Community Resource Center of Weed at 938-9914.**

**12
WEDNESDAYS
AUGUST 29th to
NOVEMBER 14th
2018
5:30 - 7:30PM**

Thank you to these financial sponsors for making this special series free of cost to participants:

About Our Facilitator:

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree in Social/Cultural Anthropology from UC Berkeley and is a certified Anger Replacement Therapy (ART) Facilitator. She is fluent in Spanish and English, and is currently Deputy Director at Siskiyou Domestic Violence and Crisis Center.

