



Patty Leal



Tarrah Harnden

# Infant Care and Development



Discover the answers to the most common questions new parents have about baby care.

Learn more about infant growth and development, feeding and care, and how to create a safe sleep environment.

**3 THURSDAYS**  
**JULY 12 - 26**  
2018  
**5:30 - 7:30pm**

**Dinner and child care are provided!**

Enjoy discussions and learn more about attachment, bonding, and self-care -- and fun activities for babies!

Learn about a great new tool to help track your baby's development!

*We hope you can join us!*

**Location: Scott Valley Family Resource Center**  
11920 Main Street, Fort Jones, CA



To register, please call the Scott Valley FRC at 468-2450.

**Co-facilitated by Patty Leal, RN, PHN, and Tarrah Harnden, MA, LMFT**



**About our Facilitators:**

**Patty Leal** has cultivated an expansive career as an Educator and Public Health Nurse that includes advocating for and providing in-home education to families, teaching childbirth and breastfeeding classes, conducting newborn home visits, and motherhood.

**Tarrah Harnden** is a Licensed Marriage and Family Therapist and Clinical Psychologist. She has been working with children, teens, and families for over 11 years, is currently working part-time for Lassen Counseling, and is a full-time mom to her new baby girl.

