

# Nurturing Parenting

for Parents and their School-Age Children

Wednesdays ~ March 14<sup>th</sup> to May 30<sup>th</sup>

**Location:** Karuk Housing Community Computer Center  
1403 Kahtishraam, Yreka ~ 5:15 - 7:15pm

In this 12-session fun and interactive special parenting program, parents will learn helpful parenting tips and more about understanding the needs of school-age children, how to respond to challenging situations, have engaging discussions and improved communications.

Children from 5 to 11 years old will meet with Cerelia Barbato learn about how to deal with anger, bullying, and helpful behaviors while parents meet with Carla Charraga for the parenting skills building. Child care is provided for preschool and younger children.

To register for this FREE series, please call Florraine at 842-5238.  
Dinner and child care are provided!

Co-facilitated by ~

*Carla Charraga and Cerelia Barbato*

**Carla** has extensive experience in working with families and youth and in facilitating numerous groups including parenting classes. She is fluent in Spanish and English, and is currently Deputy Director at Siskiyou Domestic Violence and Crisis Center.

**Cerelia** (aka C.C.) holds a Master of Education degree in Special Education with professional experience as a Facilitator and Teacher. She is passionate about working with children and families!

