

# Positive Discipline Strategies

Facilitated by

*Carla Charraga*

**Yes!** It is possible to maintain a positive connection with your children and build their self-esteem as you discipline them!

In this workshop, Carla will discuss the benefits of having rules within your household and how they can encourage responsibility in your children. Also, there will be discussion about what you can do if rules are broken so that you can positively address the inevitable discipline challenges that arise.

Carla is currently the Deputy Director of the Siskiyou Domestic Violence and Crisis Center, is fluent in English and Spanish, and is a certified Anger Replacement Therapy (ART) Facilitator.



**THURSDAY  
NOVEMBER 30<sup>th</sup>**



**5:30 - 7:30pm**

**Dinner and child care  
are provided!**

**Siskiyou Child Care Council  
152 Boles Street in Weed**



**To register for this free workshop, please call  
the Family and Community Resource Center in Weed at 938-9914.**

