

**TUESDAY  
APRIL 19**

**12:00 - 4:00pm**  
Lunch is provided.

**LUNCH**  
& Learn

The



Power

of

Nicotine

## FACTS & RECENT RESEARCH

This illustrious group of health professionals will present facts about how nicotine, smoking & the use of other tobacco products affect your health.

--- Lunch ---

Overview of the Tobacco Epidemic

JOHN HARCH, M.D.

Kids, Tobacco, & Advertising

MAGGIE SHEPARD, RN, MS

Trauma & Addiction: Lifelong Impact

ARDEN CARR, LMFT

E-cigarettes & Vaping

MAGGIE SHEPARD, RN, MS

Pregnancy, Babies, & 2<sup>nd</sup>/3<sup>rd</sup> - Hand Smoke

DANIELE MINOCK, PHN

Cessation & Intervention

SUSANNA SIBILSKY & MAGGIE SHEPARD, RN, MS

Economic Impact of Tobacco: Next Steps

JOHN HARCH, M.D.

Register for this **FREE** training at:

<https://www.surveymonkey.com/r/2016PowerofNicotine>

Location: YMCA, 350 N. Foothill Drive, Yreka, CA



For assistance with registration, please call 926-5927.

Thank you to these Community Partners for sponsoring this Special Program:

Siskiyou Community Services Council (CSC); First 5 Siskiyou Children & Families Commission; Siskiyou Substance Abuse Coalition; Siskiyou County Tobacco Education Project; Siskiyou County Department of Health & Human Services: Behavioral Health Division - Mental Health Services Act (MHSA), & Public Health Division.



MHSA



**FIRST 5**  
Siskiyou

CHILDREN & FAMILIES COMMISSION  
Read. Sing. Play Everyday!