

Tuesday, May 10

5:30- 8:00 pm

**Dinner/Registration at 5:30 pm
An Introductory Session**

Location: First Baptist Church
812 Lassen Lane, Mt Shasta

Wednesday, May 11

9:00-3:30 pm

Registration at 8:30 am

Location:

**Miner's Inn Convention Center
122 E. Miner Street, Yreka**

Brain, Behaviors and Regulation

UNDERSTANDING TRAUMA THROUGH A NEW LENS

Presented by

Denise Rice, MSW, LCSW



Denise has been collaborating, training, supporting and partnering with those in Child Welfare and Mental Health for over 16 years. Whether as a local and national trainer, therapist, consultant, crisis assessment specialist, or front line worker, Denise's mission is to share the message **Healing Happens in Relationship**.

Training objectives include:

- 1) gain an understanding of how the stress response system operates in the brain & why cortisol is damaging to the brain & body;
- 2) explore the functions of behaviors from a trauma-sensitive perspective;
- 3) learn practical TIPS (Trauma Informed Parenting Strategies) to facilitate healing through relationship.

Free CEUs! Wednesday's class meets the qualifications for 5 hours of continuing education credit for MFT's and LCSW's as required by the Board of Behavioral Science Sierra Forever Families (Provider #4384).

MAY 10 ~ DINNER & CHILD CARE ARE PROVIDED. ↔ MAY 11~ CONTINENTAL BREAKFAST & LUNCH ARE PROVIDED.

**Register for one or both of these FREE trainings here: https://www.surveymonkey.com/r/Brain_Behaviors_Regulation
For assistance with registration, please call 926-5927. Child care reimbursement is available for adoptive parents.**



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• **Our experiences and relationships have all laid a foundation to how we react and respond to a variety of situations and experiences. When trauma is woven into these experiences and interactions, our behaviors may become inappropriate or "maladaptive".**

Parenting can be very stressful, but when you add a child or youth to the mix with a trauma-history, the day-to-day life can be exhausting.

Wednesday's session will take a more in-depth look at the trauma behind the behaviors, uncover the function of these behaviors (there is a function to every behavior!) and how caregivers can begin the process of responding to our children from a trauma-sensitive perspective! Denise conveys the passion to inspire those who are caring for and supporting wounded children and youth by transitioning into a more regulated life!

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This special program is brought to Siskiyou residents at no cost by these Community Partners:
Siskiyou Community Services Council (CSC); Oregon Parenting Education Collaborative (OPEC) Grant;
COS Foster Kinship Program; First 5 Siskiyou Children & Families Commission; Sierra Forever Families;
Siskiyou County Department of Health & Human Services: Behavioral Health Division -
Mental Health Services Act (MHSA) & Public Health Division