

**Tuesday, May 10**

**5:30- 8:00 pm**

**Dinner/Registration at 5:30 pm  
An Introductory Session**

**Location:** First Baptist Church  
812 Lassen Lane, Mt Shasta

**Wednesday, May 11**

**9:00-3:30 pm**

**Registration at 8:30 am**

**Location:**

**Miner's Inn Convention Center  
122 E. Miner Street, Yreka**

# Brain, Behaviors and Regulation

## UNDERSTANDING TRAUMA THROUGH A NEW LENS

Presented by

*Denise Rice, MSW, LCSW*



Denise has been collaborating, training, supporting and partnering with those in Child Welfare and Mental Health for over 16 years. Whether as a local and national trainer, therapist, consultant, crisis assessment specialist, or front line worker, Denise's mission is to share the message **Healing Happens in Relationship**.

### Training objectives include:

- 1) gain an understanding of how the stress response system operates in the brain & why cortisol is damaging to the brain & body;
- 2) explore the functions of behaviors from a trauma-sensitive perspective;
- 3) learn practical TIPS (Trauma Informed Parenting Strategies) to facilitate healing through relationship.

Free CEUs! Wednesday's class meets the qualifications for 5 hours of continuing education credit for MFT's and LCSW's as required by the Board of Behavioral Science Sierra Forever Families (Provider #4384).

**MAY 10 ~ DINNER & CHILD CARE ARE PROVIDED. ↔ MAY 11~ CONTINENTAL BREAKFAST & LUNCH ARE PROVIDED.**

**Register for one or both of these FREE trainings here: [https://www.surveymonkey.com/r/Brain\\_Behaviors\\_Regulation](https://www.surveymonkey.com/r/Brain_Behaviors_Regulation)  
For assistance with registration, please call 926-5927. Child care reimbursement is available for adoptive parents.**



# *Brain, Behaviors and Regulation -*

## **UNDERSTANDING TRAUMA THROUGH A NEW LENS**

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**Tuesday, May 10 ~ 5:30 - 8:00pm (An Introductory Session ~ Registration & Dinner at 5:30pm) First Baptist Church ~ 812 Lassen Lane ~ Mt. Shasta**

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• **Our experiences and relationships have all laid a foundation to how we react and respond to a variety of situations and experiences. When trauma is woven into these experiences and interactions, our behaviors may become inappropriate or "maladaptive".**

**Parenting can be very stressful, but when you add a child or youth to the mix with a trauma-history, the day-to-day life can be exhausting.**

**Wednesday's session will take a more in-depth look at the trauma behind the behaviors, uncover the function of these behaviors (there is a function to every behavior!) and how caregivers can begin the process of responding to our children from a trauma-sensitive perspective! Denise conveys the passion to inspire those who are caring for and supporting wounded children and youth by transitioning into a more regulated life!**

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**This special program is brought to Siskiyou residents at no cost by these Community Partners:**  
Siskiyou Community Services Council (CSC); Oregon Parenting Education Collaborative (OPEC) Grant;  
COS Foster Kinship Program; First 5 Siskiyou Children & Families Commission; Sierra Forever Families;  
Siskiyou County Department of Health & Human Services: Behavioral Health Division -  
Mental Health Services Act (MHSA) & Public Health Division